

Cómo acceder por primera vez a su cuenta del Portal de Pacientes MyHealth

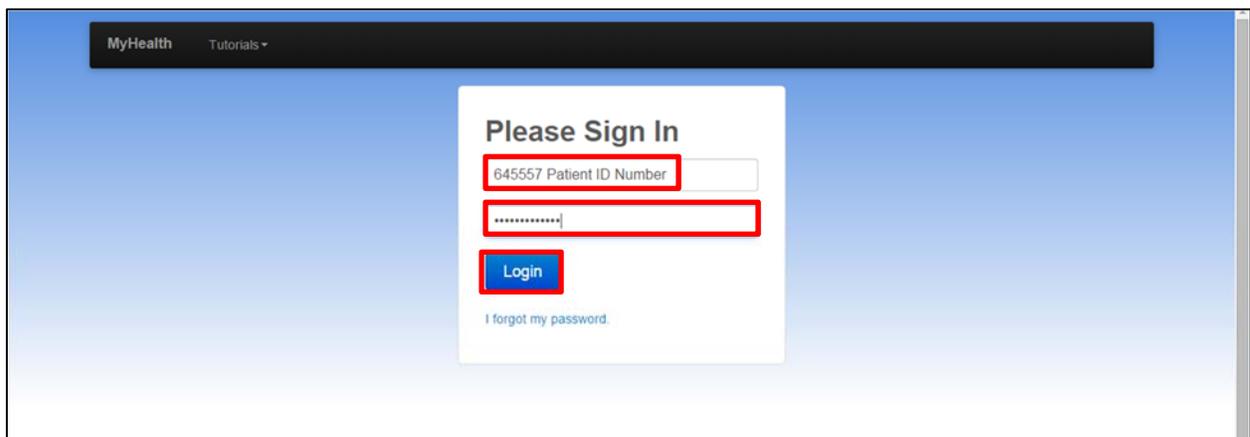
Bienvenido(a) a su cuenta de Portal para Pacientes de MyHealth. Ahora usted puede:

- Actualizar su información personal, incluyendo su lista de contacto y farmacia preferida
- Hacer cambios en la información de su seguro
- Recibir notificaciones de HIPAA y otras notificaciones de privacidad
- Agendar sus citas
- Contactar al personal de enfermería para hacer preguntas
- Presentar solicitudes para repetición de recetas médicas
- Solicitar una copia de su Registro Médico completo o de su última visita clínica

¡Disfrute!

1. Para iniciar sesión en el Portal de Pacientes por primera vez, **haga clic en el enlace** proporcionado en el correo electrónico de **Bienvenida al Portal de Pacientes** generado por el sistema.

Se iniciará la página de inicio de sesión de **Bienvenida al Portal de Pacientes MyHealth**.

A screenshot of the MyHealth patient portal login page. The page has a blue background and a white login box in the center. The login box contains the text "Please Sign In" at the top. Below it are two input fields: the first is labeled "64557 Patient ID Number" and the second is a password field with asterisks. A blue "Login" button is positioned below the password field. At the bottom of the login box, there is a link that says "I forgot my password." The top of the page shows "MyHealth" and "Tutorials" in a dark header.

2. Ingrese su **Nombre de Usuario** y **Contraseña** proporcionada en el **Correo Electrónico de Bienvenida** y haga clic en **Inicio de Sesión**.
3. Aparece una pantalla de **Cambio de su Contraseña**, sugiriéndole cambiar la contraseña generada por el sistema a una contraseña personal de su elección.

MyHealth

Borrego
HEALTH

Welcome to the MyHealth Patient Portal for Borrego Health. Our goal is to provide you with the tools you need to be an active participant in your health care. Our highly trained professional staff is available to answer any questions you may still have after accessing your portal account.

You Must Change your Password

A number is required

A letter is required

Minimum password length: 8

Passwords must match

New Password

Retype Password

Save Cancel

4. Ingrese su **Nueva Contraseña** (mínimo de 10 caracteres).
 - Las contraseñas no permiten letras mayúsculas.
 - **Tres (3)** intentos de inicio de sesión no satisfactorios bloquearán la cuenta del usuario.
 - Si la cuenta quedara bloqueada, será necesario llamar a un Representante de Servicios al Cliente para desbloquear su cuenta en el sistema.
5. Vuelva a ingresar su contraseña en el campo de **Volver a ingresar la contraseña** y haga clic en **Guardar**.
 - La pantalla de **Mi Perfil** muestra un mensaje indicando que la contraseña se ha cambiado satisfactoriamente.

MyHealth Patient Registration Appointments Contact Nurse Health Information NICKI ZZADAMS

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My Profile

Required Fields Highlighted

NICKI

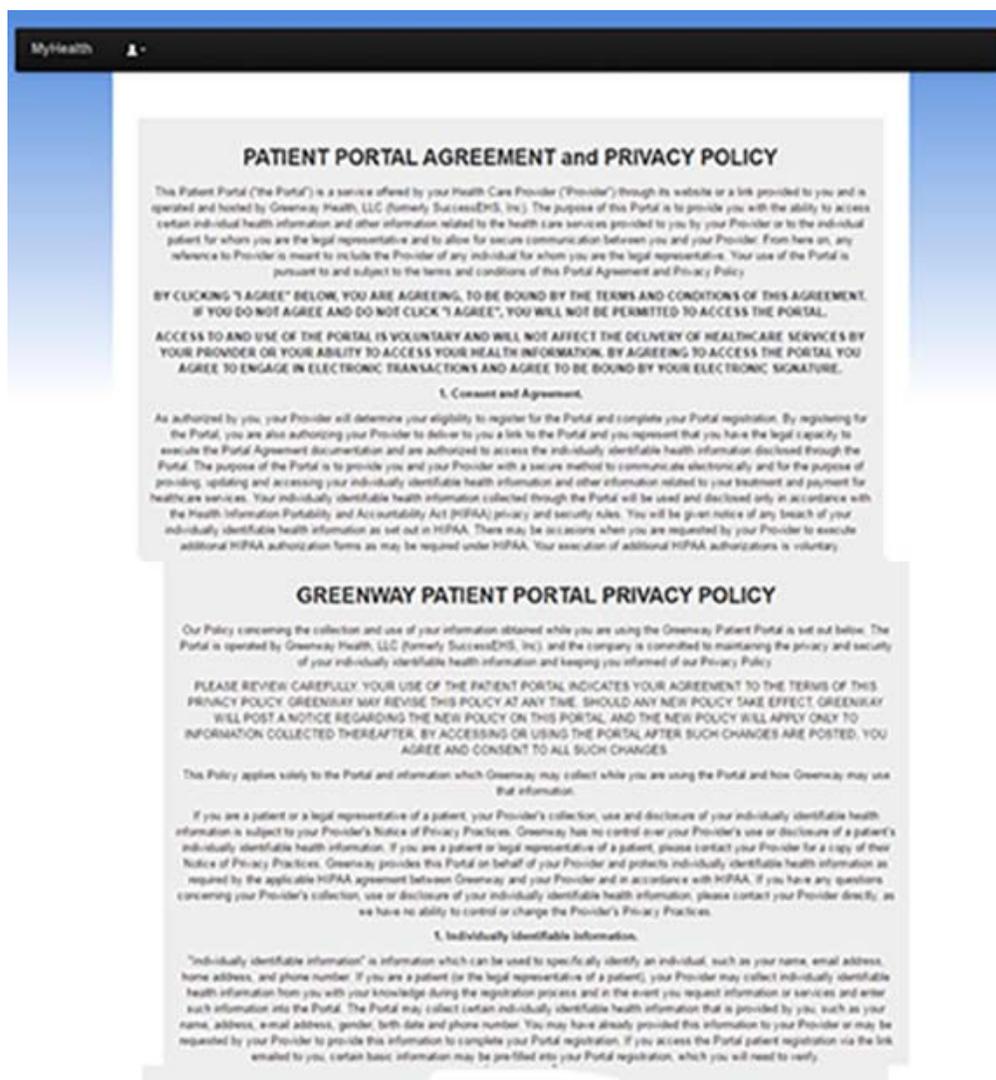
ZZADAMS

SFRANCO@BORREGOMEDICAL.ORG

WHERE WERE YOU MARRIED?

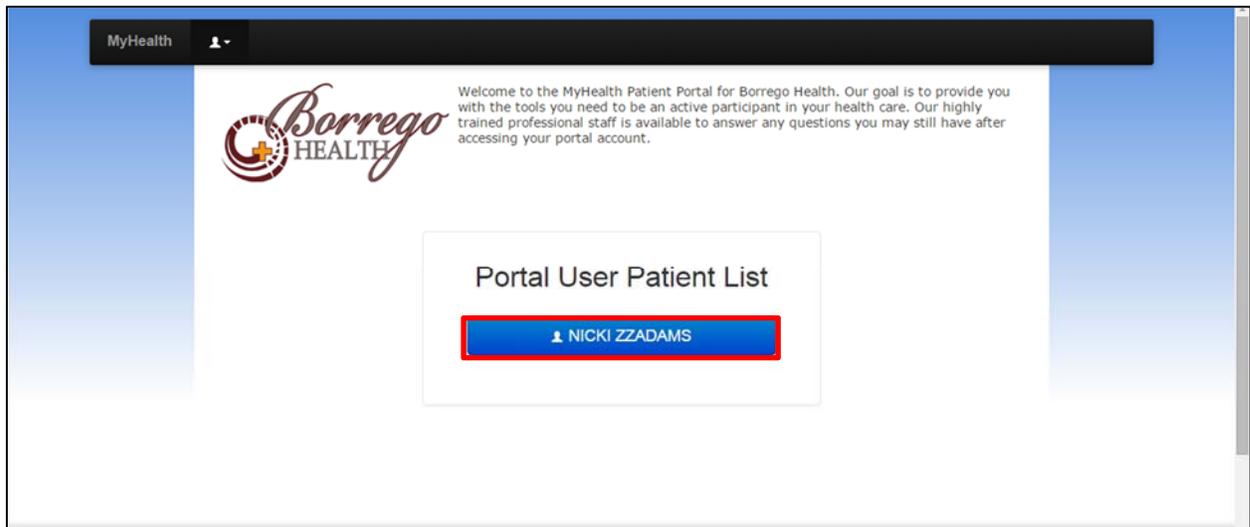
Save Cancel

6. Ingrese una **Pregunta y Respuesta de Seguridad** y haga clic en **Guardar**.
Se visualiza la página **Privacidad y Acuerdo de Licencia de Usuario Final del Portal**



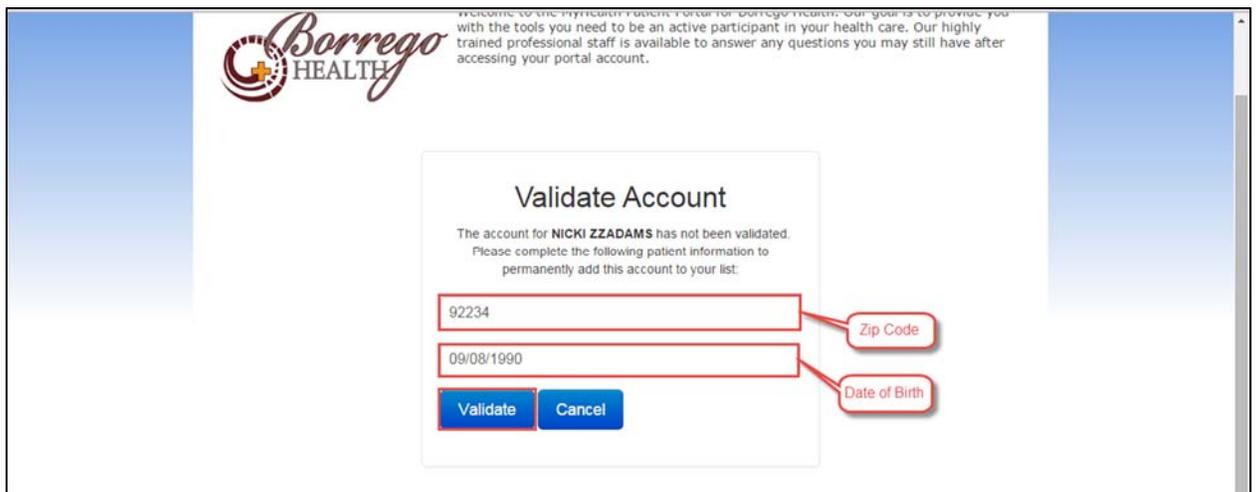
7. Haga clic en el botón "**Acepto**" debajo del encabezado "**Aceptar Declaración de Privacidad**" para pasar a su cuenta del portal.

Se visualiza la página **Cuentas de Paciente**.



8. Seleccione su cuenta del menú desplegable **Lista de Pacientes Usuarios del Portal** y haga clic en el botón **azul**.
9. Se visualiza la página **Validar Cuenta**. Esta página se visualiza únicamente la primera vez que usted inicia sesión en la cuenta del Portal. Una vez que se valida su cuenta, esta página ya no se presentará en futuros inicios de sesión.

Para validar su cuenta:



10. Ingrese su **Código Postal** y **Fecha de Nacimiento** y haga clic en **Validar**. Aparece un mensaje de confirmación de validación.
11. Se presentará la página de **Información de Privacidad de Paciente** con la notificación de **HIPAA**.

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Patient Privacy Information

Your health record contains personal information about you and your health. This information about you that may identify you and that relates to your past, present or future physical or mental health or condition and related health care services is referred to as Protected Health Information (PHI). We are committed to protecting PHI, including information regarding your mental health treatment and related health care services. This Notice of Privacy Practices applies to PHI maintained by Borrego Health and describes the ways in which we may use and disclose your PHI in accordance with HIPAA and California law, as well as certain obligations we have regarding the use and disclosure of your PHI. It also describes your rights and how you may gain access to and control your PHI. We are required by law to 1) maintain the privacy of PHI; 2) to provide you with notice of our legal duties and privacy practices with respect to PHI; and 3) to abide by the terms of this Notice as currently in effect. HOW WE MAY USE AND DISCLOSE PHI ABOUT YOU Applicable law and ethical standards permit us to disclose information about you without your authorization only in a limited number of situations. The types of uses and disclosures that may be made without your authorization are described below and include those that are required by law. For Treatment. Your PHI may be used and disclosed by those who are involved in your care for the purpose of providing, coordinating, or managing your health care treatment and related services. For example, we may share PHI about you with providers, agencies or facilities treating you for a medical or psychological condition, in order to provide or coordinate the different things you need, such as prescriptions or types of therapy. We may also call you by name in the waiting room when your provider is ready to see you. For Payment. We may use and disclose PHI so that the treatment and services you receive may be billed and payment may be collected from you, an insurance company or a third party. Examples of payment-related activities include making a determination of eligibility or coverage for insurance benefits, collection activities, or processing claims with your insurance company. For Health Care Operations. We may use or disclose your PHI to support certain business management and administrative activities including, but not limited to, quality assessment activities, employee review activities, licensing, and conducting or arranging for other business activities. Your PHI may also be used or disclosed to comply with law and regulation, for contractual obligations, health care contracting, legal services, business planning and development, the sale of all or part of Borrego Health to another entity, underwriting and other insurance activities. For example, we may share your PHI with third parties that perform various business activities (e.g., billing or typing services). Under California law all recipients of health care information are prohibited from re-disclosing it except as specifically required or permitted by law.

I acknowledge the receiving of the Patient Privacy Information

Continue

12. Marque la casilla "**Doy mi reconocimiento de haber recibido la Información de Privacidad de Paciente**".

13. Haga clic en **Continuar**.

- No podrá acceder al Portal si no da su reconocimiento de que recibió la información de privacidad de **HIPAA**.

14. Se presentará la página de **Registro de Paciente** (véa "**Cómo actualizar su información en el Portal de Pacientes MyHealth**").

Ahora su Cuenta del Portal de Pacientes MyHealth está lista para utilizarse. ¡Disfrute! Vea la lista de **Pasos adicionales detallados del Portal de Pacientes de MyHealth** para aprender a utilizar otras funciones de su cuenta en el portal.